1. Accordion the paper along the vertical folds and crease in both directions.

2. Begin working the paper to define this mountain/valley configuration.
   - Mountain
   - Valley

3. Flatten the paper, then proceed through the zig-zag creases this way: soft-bend each row in curved 90° angle, then—using the tip of your finger—poke to define the points of each zig-zag. Pinch to train them to stay put.