1. There are four parts to cut for the mechanism: two for the stationary picture and two for the moving picture. Remove the shaded area but do not cut the pull-tab.

2. Fold a strip of paper round the stationary picture, crease along the edges and open out. Trim the edges to 5mm (0.2in) wide.

3. Interlock the stationary picture segments and glue together down the long outside edges of the moving picture segments, gluing together down the long inside strips and across the marked pull-tab. Remove the shaded area either side of the pull-tab.

4. Interlock the stationary and moving pictures.

5. Place the mechanism behind the card aperture, thread the pull-tab through the slit, and align the top of the stationary picture along the aperture. Hold the mechanism gently in place while making cards.

6. Glue a narrow strip of paper across the top of the stationary picture to secure it to the frame.

7. Fold the mechanism towards the top of the card. Wrap the paper strip round the mechanism and glue the edges to the sides of the stationary picture.

8. Apply spots of glue to the paper strip edges and fold down to secure the mechanism to the sides of the aperture, retreading the pull-tab through the slit.